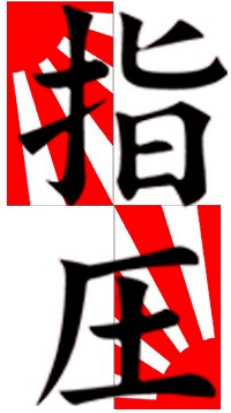


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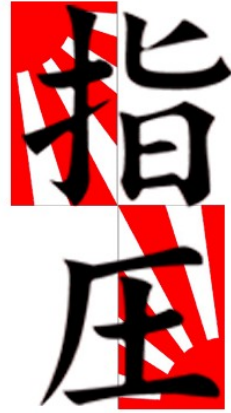


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Shiatsu

'shi'=finger 'atsu'=pressure

Shiatsu is a unique type of massage therapy originating in Japan. Shiatsu focuses on the application of pressure to specific Shiatsu points on the body.

Shiatsu therapy can be effective in the relief of many acute and chronic conditions including:

- headaches/migraines
- back pain
- neck and shoulder pain
- sciatica
- whiplash
- repetitive strain injuries
- muscle tension and spasm
- insomnia
- anxiety and depression
- sports injuries



Please note that Shiatsu should not be used as a replacement for proven conventional care or to postpone seeing a doctor about a medical condition.

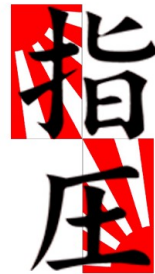
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